



Board of County Commissioners Agenda Request

2V

Agenda Item #

Requested Meeting Date: March 10, 2026

Title of Item: Out-of-State Travel Authorization (Community Health Specialist)

<input type="checkbox"/> REGULAR AGENDA <input checked="" type="checkbox"/> CONSENT AGENDA	Action Requested: <input checked="" type="checkbox"/> Approve/Deny Motion <input type="checkbox"/> Adopt Resolution (attach draft) <input type="checkbox"/> Hold Public Hearing <i>*provide copy of hearing notice that was published</i>	<input type="checkbox"/> Direction Requested <input type="checkbox"/> Discussion Item <input type="checkbox"/> Information Only
Submitted by: Paula Arimborgo		Department: H&HS Administration
Presenter (Name and Title):		Estimated Time Needed:
Summary of Issue: <p>Hannah Sovinski, a Community Health Specialist with Health & Human Services plans to attend the Rural Grocery Summit to enhance her knowledge and strengthen implementation of the Food Access in the Community strategy under the Healthy Eating focus area of the Statewide Health Improvement Partnership (SHIP) program.</p> <p>This summit directly aligns with our work related to:</p> <ul style="list-style-type: none"> - Rural food systems - Healthy food access strategies - Grocery Partnerships - Community-level infrastructure development - Sustainability of rural food retail <p>The opportunity to engage with rural grocery leaders, food system experts, and public health practitioners will support evidence-based strategy development and strengthen local implementation efforts in Aitkin County.</p> <p>We are seeking approval for Hannah to travel out-of-state to attend this summit in Fargo, North Dakota.</p>		
Alternatives, Options, Effects on Others/Comments:		
Recommended Action/Motion: Recommend approving motion to allow Hannah Sovinski to travel out of state to attend this summit in Fargo, North Dakota.		
Financial Impact: <i>Is there a cost associated with this request?</i> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <i>What is the total cost, with tax and shipping?</i> \$ 1,245.28 estimated <i>Is this budgeted?</i> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <i>Please Explain:</i> Registration: \$350 - Climate Smart Food Systems Grant. Grocery Tour: \$125 - CDC Infrastructure Grant. Lodging: \$425.28 - Aitkin SHIP Budget (\$284) & CDC Infrastructure Grant. Travel: \$255 - Aitkin SHIP Budget. Meals: \$90 - Aitkin SHIP Budget. This has been approved by MDH staff.		

Legally binding agreements must have County Attorney approval prior to submission.